

Antipasti/Starters

Coppa di gamberetti ~ £8.95

Prawn Cocktail

Avocado gamberetti ~ £10.50

Avocado Prawns

Insalata tricolore ~ £9.50

Avocado, mozzarella & fresh tomato topped with extra virgin olive oil

Gamberoni alla griglia ~ £12.95

Grilled King Prawns in garlic white wine sauce served on toasted Italian bread

Prosciutto & melone ~ £9.50

Parma ham with melon

Frittura di calamari ~ £10.95

Deep fried squid served with garlic mayo

Funghi fritti ~ £9.50

Deep fried mushrooms in bread crumbs, served with garlic mayo

Cozze al peperoncino ~ £12.50

Fresh mussels cooked in spicy tomato & garlic sauce

Cozze alla parmigiana ~ £12.50

Fresh mussels with cream sauce, white wine, garlic & parsley

Cozze Sfizio ~ £12.50

Fresh New Zealand mussels topped with crispy bacon, cheese sauce, breadcrumb mixture and parmesan

Mozzarella in carrozza ~ £8.95

Dough balls filled with mozzarella cheese & served with garlic mayo

Bruschetta ~ £6.95

Toasted Italian bread covered with chopped tomato, garlic & basil

Ciabatta ~ Garlic bread ~ £5.95

Tomato bread ~ Cheese bread ~ £5.95

Bread basket/Home-made bread ~ £4.95

Pot chilli ~ £1.00

Pot garlic mayo ~ £1.00

Carne/Meat

(all served with sauté potatoes)

Bistecca alla griglia ~ £20.95

10oz grilled sirloin steak served with mixed salad or side order

Bistecca al pepe ~ £20.95

8oz sirloin steak cooked in red wine & peppercorn sauce

Bistecca al funghi ~ £20.95

8oz sirloin steak with wild mushrooms & white wine sauce

Vitello Bolognese ~ £20.95

Veal escalope in bread crumbs, served on a bed of spaghetti bolognese or side order

Pesce/Fresh Fish

(all served with sauté potatoes)

Orata alla griglia ~ £19.95

Grilled sea bream with garlic, olive oil & white wine served on a bed of rocket & cherry tomato

Pesce spada ~ £20.50

Grilled sword fish glazed with olive oil, lemon & chillies

Lemon sole ~ £20.95

Pan fried fillet of sole, with chef sauce

Salmone griglia ~ £20.50

Grilled salmon supreme served with tomato, garlic, lemon & olive oil

Frittura mista ~ £19.95

Deep fried king prawns, squid, whitebait & scampi served with garlic mayo

Zuppa di pesce ~ £17.95

Homemade fresh seafood soup served with toasted bread

Pollai/Chicken

(all served with sauté potatoes)

Sfizio ~ £16.95

with mushrooms, bacon, tomato sauce with a touch of cream

Crema & funghi ~ £16.95

with mushrooms, garlic, parsley & cream sauce

Romana ~ £16.95

with parma ham, mozzarella cheese, garlic, basil & tomato sauce

Pollo alla Milanese ~ £17.95

pan-fried chicken escalope in bread crumbs with spaghetti napoli or a side dish

Pollo al Cogna ~ £16.95

grilled chicken breast served with bacon, prawns and brandy sauce

Contorni/Side Order

Sauté potatoes ~ £3.25 French Fries ~ £3.25

Vegetables of the day ~ £3.75

Side Salad ~ £2.50 French Beans ~ £3.75

Spinach with garlic & butter ~ £4.75

Pizza

Margherita ~ £9.50

with mozzarella cheese & tomato sauce

Quattro gusti ~ £12.50

mozzarella cheese, tomato sauce, ham, mushrooms, artichokes & black olives

Sfizio ~ £13.50

cheese, tomato sauce, Italian sausages, onions & broccoli

Vegetariana ~ £11.95

mozzarella cheese, tomato sauce, mushrooms, broccoli, peppers & onion

Speciale ~ £12.95

ham, pepperoni, mozzarella cheese, mushrooms & tomato sauce

Pizza al Pollo ~ £12.95

mozzarella cheese, tomato sauce, chicken & sweetcorn

Sophia Loren ~ £13.50

mozzarella cheese, tomato sauce, salami, onions & chillies

Tonno & Cipolla ~ £12.95

mozzarella cheese, tomato sauce, tuna, onions & black olives

Extra toppings per item: parma ham, chicken ~ £3.50

All other toppings ~ £2.25

Pasta

Lasagna ~ £11.95

oven baked, homemade layers of pasta in a traditional bolognese & bechamel sauce

Canelloni ~ £11.95

filled pasta tubes with ricotta cheese & spinach topped with a tomato & bechamel sauce

Penne Napoli/chilli optional ~ £10.50

tomato sauce, garlic & fresh basil

Spaghetti Carbonara ~ £11.95

with bacon, cream sauce, parmesan cheese & parsley

Tagliatelle Gorgonzola ~ £12.50

with chopped spinach, gorgonzola cheese, white wine & cream sauce

Langue alla pescatora ~ £17.50

linguine pasta served with fresh mussels, squid, King prawns, garlic, chillies and tomato

Spaghetti Bolognese ~ £12.50

traditional Italian meat sauce

Tagliatelle Salmone ~ £12.45

fresh salmon, cream sauce & parsley

Penne Pollo ~ £11.50

with chicken, bacon, creamy sauce & fresh parsley

Penne Vegetariana ~ £11.50

with mushrooms, aubergine, courgettes, mixed peppers & tomato sauce

Penne Pazzo ~ £12.50

served in a spicy tomato sauce with pepperoni & chillies

Ravioli Boscaiola ~ £12.75

Pasta filled with spinach and ricotta cheese served with peas, ham, creamy sauce topped with rocket salad

Salads

Cesarone ~ £9.50 Starter ~ £11.50 Main

mixed salad with grilled chicken, croutons & extra virgin olive oil

Tonno & Gamberetti ~ £11.50

Tuna and prawns salad served with olive oil, balsamic or Cesar dressing